



**early
intervention**
SUPPORT SERVICES

APRIL
2024 SCHOOL
HOLIDAYS

social groups



**LIMITED
AVAILABILITY!**

VICTORIA TERM 1 SCHOOL HOLIDAYS:

- **Week 1:** Tuesday 2nd - Friday 5th April
- **Week 2:** Monday 8th - Friday 12th April

*Designed by our Speech Pathologists,
Occupational Therapists, and Psychologists
to support skill development, independence,
confidence and more!*



1300 007 533

earlyinterventionsupport.com.au



FAQ'S

SOCIAL THERAPY GROUPS



WHAT IS SOCIAL GROUP THERAPY?

Early Intervention Support Services' Social Group Therapy are run by our Allied Health Professionals and Assistants. Our days are designed to support children in developing their social and communication skills, building their independence and confidence in the community, developing fine and gross motor skills and much more!



CAN MY CHILD ATTEND?

Our groups are suitable for self-managed or plan-managed NDIS children. Some days may have a specified *recommended age*, this is indicative only and families are encouraged to speak with us if they have any questions. Please note, children 3 and under require a guardian to attend.



TRANSPORTATION

Transportation via bus from a designated pick-up and drop-off point may be offered for some activities. If a bus is provided, more information will be provided by our administration team.



PRICING

Our comprehensive program covers all associated costs unless otherwise specified and there are no minimum attendance requirements. Please enquire about individual session pricing.

For more information, please visit

www.earlyinterventionsupport.com.au/socialgroups

WEEK 1

TUESDAY
2ND APRIL

- LUNCH PROVIDED
- TRANSPORT PROVIDED

BOUNCE, HEIDELBERG

Get ready to BOUNCE! Join us in the trampoline arena and explore a whole world of indoor fun activities. The team leaders will guide and support your child throughout the day and facilitate activities that help reach their potential.

Key Focus:

- Building resilience
- Promoting self-confidence
- Fostering emotional regulation
- Supporting cognitive development
- Encouraging social interactions



WEDNESDAY
3RD APRIL

- PACK OWN LUNCH
- TRANSPORT PROVIDED

RAILWAYS & NATURE, DIAMOND VALLEY RAILWAY

Join us for an enriching day trip to Diamond Valley Railway where children will have the opportunity to engage in a variety of social skills through the excitement of trains and play in the Parklands. This outing is designed to foster important skills such as empathy, cooperation, and communication in a real-world setting. By navigating the railway, choosing activities together, and sharing the joy of train rides, children will learn to appreciate different perspectives, manage emotions, and solve problems collaboratively. Through these interactions, we aim to enhance their ability to initiate social connections, express themselves clearly, and work together in a supportive and inclusive environment. This day promises not only a fun and educational experience but also a step forward in building valuable life skills in a memorable setting.



THURSDAY
4TH APRIL

- PACK OWN LUNCH
- TRANSPORT PROVIDED

SLAM DUNKS, RESERVIOR

Join us for an action-packed day of basketball themed activities! Children will develop their gross motor skills in a fun and engaging environment through learning learn basic basketball skills such as dribbling, passing and shooting. Please remember to wear activewear and running shoes suitable for indoor/outdoor courts.

Key Focus:

- Working in a team
- Initiating and participating in social interactions
- Problem-Solving and decision-making
- Motor Coordination and Planning
- Hand-eye coordination, balance, upper limb strength



FRIDAY
5TH APRIL

- PACK OWN LUNCH
- TRANSPORT PROVIDED

LEGOLAND & MOVIES (KUNG FU PANDA), CHADSTONE SHOPPING CENTRE

Learn, play and grow together at Legoland in a supportive and stimulating environment. Followed by sitting back and relaxing with popcorn while you enjoy a movie with your friends. Our leading therapist will explain the focus skills and coach your child to practice these skills during activities. Each concept will be taught in an assistive environment to build your child's social understanding.

Key Focus:

- Social skills development
- Creativity and imagination
- Friendship and peer support
- Confidence building



WEEK 2

MONDAY
8TH APRIL

- PACK OWN LUNCH
- TRANSPORT PROVIDED

SUPERPARK & MOVIES (RICHARD THE STORK), HIGHPOINT SHOPPING CENTRE

Join our outing to SuperPark, a sports star game arena, followed by a movie. This event is designed to develop social skills in an engaging setting. Participants will work on teamwork, communication, and problem-solving as they enjoy the trampoline areas and Ninja Warrior and car racing track challenges. The day aims to help children practice empathy, adaptability, and emotional regulation in a fun context. Ending the day with a movie provides a relaxed setting for kids to share their experiences and build on the connections made earlier. This combination of active play and shared viewing is a great way for children to improve their social skills while enjoying themselves.



TUESDAY

9TH APRIL

- PACK OWN LUNCH
- TRANSPORT PROVIDED

BLUEY'S ADVENTURES, HOPPERS CROSSING

Bluey's Adventures is designed for children who love Bluey and all things fun! Collaborating is an important skill that children need for positive participation, and this group will support children in working together to find Bluey and her friends!

Key Focus:

- Following group instructions
- Active listening skills
- Staying with the group
- Sharing and taking turns with peers
- Asking for help from peers and adults



WEDNESDAY

10TH APRIL

- PACK OWN LUNCH
- TRANSPORT PROVIDED

FOOD FIGHTERS, BRAYBROOK

Children will put on their cooking hats to whip up some tasty treats for our big outdoor picnic. Children will be supported in working collaboratively with their peers and apply their skills independently. Cooking and eating are important daily life skills. We will be eating the food that we prepare together, however, children are more than welcome to bring food that suits their preferences too. Please let us know of any dietary requirements and/or food and sensory sensitivities when you register for this program.

Key Focus:

- Working collaboratively with peers and adults
- Understanding one's own preferences
- Executive Functioning - planning and organising



THURSDAY

11TH APRIL

- PACK OWN LUNCH
- TRANSPORT PROVIDED

LUNA PARK, ST KILDA

Come join us for an unforgettable day at Luna Park. With rides and activities for all ages to enjoy!

Key Focus:

- Social interactions: peers will engage and develop appropriate skills in building their ability to form friendships and navigate through social situations.
- Emotional and self-regulation.
- Pragmatic skills: compromise, turn-taking, and decision-making skills.
- Enjoyment and participation!



FRIDAY

12TH APRIL

- PACK OWN LUNCH
- TRANSPORT PROVIDED

MELBOURNE ZOO, PARKVILLE

Explore and learn about the different animals at the zoo including the survival of endangered species. Listen to the zookeepers talk about the animals they care for and the Zoo's important conservation work. Children will practice key listening, language and pragmatic skills to support their social interactions through this immersive day.

Key Focus:

- Social skills and building your child's confidence in group activities.
- Active listening skills and following the group plan.
- Increasing receptive language and understanding through visuals and short instructions.
- Supportive environment to facilitate expressive language and communication.



IMPORTANT INFORMATION FOR FAMILIES



Social Group Checklist:

- Food *if supplying own or if required to bring on the day*
- Drink bottle
- Medication *ensure handed to the Team Leader (not in backpacks)*
- Change of clothes/nappies
- Sunscreen *if supplying own*
- Jacket/Coat
- Hat *if applicable*
- Other *eg. sunglasses, ear muffs, AAC devices, medical bracelets*

Ensure You've Told Us About:

- Sensory, dietary, and toileting requirements
- Any allergies/new allergies; inc. food, environmental, sunscreens, etc.
- Any thing else you feel is important for us to know about your child

Please Remember:

- Wear suitable clothing for the activity and weather on the day
- Children under 7 years old must supply and fit their car seat to vehicles (if applicable)
- Children 3 and under must be accompanied by a parent or guardian
- No medications, nuts, or valuables in backpacks
- Arrive at the drop-off and pick-up location on time
- Ensure you can be contacted if needed
- We require 7 days' notice for cancellations

Phone: 1300 007 533

Email: admin@earlyinterventionsupport.com.au

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